

Youth Volleyball Clinic Registration Form

Please cut off and return this panel

Player's Name: _____

Date of Birth: _____

Address: _____

Parent email*(for confirmation) _____

Student email*(for MHS updates and schedule) _____

Phone:
(W) _____

(H/C) _____

Grade Entering (in Sept. 2018): _____

Emergency Contact & Phone: _____

Allergies (if any): _____

Medical Conditions (if any): _____

T-shirt Size:

ADULT shirt (circle one): **XS** **S** **M** **L** **XL**

OR

YOUTH shirt (circle one): **XS** **S** **M** **L** **XL**



2018 Mansfield Youth Volleyball Summer Clinics



**JULY 30, 31, AUG. 1, 2
(MONDAY - THURSDAY)**

9:00 AM - 2:00 PM

Elementary School:

Girls entering grades 3-6

Middle School:

Girls entering 7-9

(camps run separately)

Mansfield High School Gym

Clinic Goals:

Learn basic volleyball skills:

- ✓ Forearm passing
- ✓ Setting (overhead pass)
- ✓ Attacking (spiking)
- ✓ Blocking
- ✓ Digging
- ✓ Serving
- ✓ Basic positions and rules
- ✓ Improve conditioning while developing an interest in the game of volleyball.
- ✓ Individual and team skills
- ✓ Competitions and games



What to Bring:

- ❖ Water
- ❖ Lunch
- ❖ Money (if interested in buying cold water and Gatorade)

What to Wear:

- Athletic T-shirt
- Athletic Shorts
- Athletic Sneakers
- Knee pads (optional)

JULY 30, 31, AUG. 1, 2

9:00 AM – 2:00 PM

Questions please contact:

Melissa.Heeden@mansfieldschools.com

Cost: \$150 (Includes t-shirt)

Please return by:

Tuesday, June 12th

*If past this deadline, please email to see if there is any open spaces remaining.

Mail to MHS: 250 East Street C/O Melissa Heeden or hand in to Coach Heeden at MHS.

Staff:

Head Coach Melissa Heeden is entering her tenth season as head coach in Mansfield and fourteenth year coaching and teaching. In the past nine seasons the team has advanced to the playoffs seven years and won the Hockomock League in 2015. Prior to coaching in Mansfield, she coached in Florida and continues to work at camps and clinics in Massachusetts and Rhode Island.

Lindsay Nastri has been part of the Mansfield volleyball program for nine years. She has been the freshman and JV coach, and also coached at Norton High School, and the men's club team at Stonehill College.

Jillian MacKinnon will be entering her fifth year as the freshman coach at Mansfield. She played volleyball at Mansfield and is currently a history teacher at MHS.

Cindy Conquest will be entering her second season coaching at Mansfield. She played volleyball at Mansfield and UVM. She previously coached at MHS and is a foreign language teacher at MHS.

Heidi Cunio has been a freshman and JV volleyball coach and a part of the program for the past fourteen years. She has also been a part of the basketball at MHS for many years.

The coaching staff also includes past and present players.

MHS 2018

Youth volleyball clinic

Registration Form

\$150 per camper

Family discount is available-please email for information if applicable

Checks payable to: Mansfield Boosters

Please Enroll : _____
(Campers name)

The above named has my permission to participate in the Mansfield HS Youth Volleyball clinic. I understand and accept the condition that Mansfield High School, the camp directors or any member of the staff will not be liable for accidents and medical or dental expenses that are incurred as a result of participation in this program. I further release the Mansfield Public Schools from any and all claims.

(Signature parent/guardian) _____ (Date)

I DO/DO NOT (circle one) allow for pictures taken during camp to be used on the website and future brochures. Photos will be used for no other purpose than the promotion of Mansfield Volleyball future clinics.

PLEASE RETURN BY:

TUESDAY, JUNE 12

Please cut off this panel and return